



Microneedling Aftercare

- Avoid Makeup: - Refrain from makeup for at least 24hrs, if this is not possible only mineral makeup
- No Other Skincare Treatments - For 2 weeks
- Avoid Exfoliation - For 2 weeks
- Moisturize - 2-3 times per day with either HA or a hydrating moisturizer
- **Sun Protection - SPF50**
- Avoid Exercise, Sauna & Steam rooms for at least 72 hours
- Stay Hydrated - Drink lots of water
- Do not pick flaking skin, this could lead to scarring
- Healing Period - 7-10 days